

## Week of:

What are some of your goals for this week?	What didn't go well this week?
What went well this week?	
	What are some changes you want to make for next week?
	Remember:
	<ul> <li>Be realistic, not idealistic</li> <li>Leave some free time</li> <li>Reflect on this week and weeks past</li> </ul>
	Want more? Explore mcgraw.princeton.edu